2024 ERAS Application Season

May 15, 2023



HOSTS PROGRAM

- HOSTS (Helping Our Students to Succeed)
- Offered through Office of Alumni Affairs
- Matched with alumni during interview season



GENERAL ADVICE



- Don't worry if you're not decided...there still is time!
- Dual application is an option
- Start thinking about your parallel plan
- Start at least thinking about your personal statement



ELECTRONIC RESIDENCY APPLICATION SERVICE (ERAS)

- Very similar to AMCAS; easy to use software
- Token: one-time access code for registration
- Key dates:**
 - June 7 ERAS 2024 season begins at 9 a.m. ET
 - Sept. 6 Applicants may begin submitting applications
 - Sept. 27 Programs may begin reviewing applications
- Application must be certified—don't wait until the last minute!
- Goal is to have application complete by 9/27

**SF Match, Urology, Military vary

ERAS: COMPONENTS

- Residency Application
 - Senior picture
- Letters of Recommendation:
 - Waiving of rights
 - 3 minimum -- 4 maximum
 - Start asking faculty around July
 - LoR form with Letter ID
 - Must assign to programs
- Personal Statement: upcoming session coming in June
- Medical School Transcript
- MSPE (Medical Student Performance Evaluation)
- USMLE transcript:
 - Must pay fee & authorize NMBE to release transcript

RESIDENCY APPLICATION COMPONENTS

- No more Supplemental ERAS
- Updates:
 - Revised/Reorganized Experiences: Up to 10 entries & top 3
 - More description (position, timeframe) and definition (hobby, vol.)
 - Mission-focused characteristics of experience:
 - Setting (rural, urban, etc.)
 - Focus Area (Medical ed, public health, etc.)
 - Key Characteristics (communication, leadership, etc.)
 - Impactful experiences: major challenges that influence journey
 - Geographic preferences:
 - Preference for a geographic division and urban or rural settings
 - Standardized format to collect location information
 - Program signaling: express interest in program
 - Number of signals?
 - Signal home institution?

COSTS

Application Fee

# Programs Per Specialty	ERAS Fees
Up to 10	\$99
11-20	\$19 each
21-30	\$23 each
31 or more	\$26 each

- USMLE Transcript fee of \$80
- NRMP Match Registration Fee: \$70 (up to 20 programs)
 - Extra Rank Fee: \$30 per program code
- May add costs to student budgets

WHERE TO APPLY?

- SIU-SOM recent match data
- CiM: Resident Explorer
- FRIEDA
- Texas STAR
- Keep in mind:
 - Certain parts of the country a bit more difficult
 - Chances improve the closer you are to med school
 - Where will you be happy
 - What size program you looking for
 - Away rotations don't guarantee an invite

INTERVIEWS

- Will be conducted virtually
- Offers come at different times—don't panic!
- Check emails frequently
- Thalamus: cloud-based interview management platform
- Practice
 - SIU-SOM Mock Interview Program
- Reserved space at med school
- Programs asked to avoid "second looks"
- Spots cannot be offered outside of the Match
- Releasing application to Designated Dean's Office for viewing purposes

NATIONAL RESIDENT MATCHING PROGRAM (NRMP)

- Nobel Prize winning mathematical algorithm
- Separate and distinct process
- Registration opens in September
- Registration Fee: \$70 (up to 20 programs)
 - Extra Rank Fee: \$30 per program code
 - Late Registration Fee: \$50 additional after 1/31
- Couples' Fee: pay an additional \$45 per partner

NRMP: R3 (RESIDENT RANKING SYSTEM)

- Ranking opens in February
- Don't rank programs you don't like--binding contract
- Rank based on true preference--no strategy
- Can rank up to 3 specialties
- Mix of competitive and non-competitive
- Length of list dependent on many factors:
 - Your competitiveness
 - Specialty competitiveness
 - Number of interviews
 - Where you are willing to go
- Success of matching linked to length of rank list
- Couples Match: link primary rank list; considered a unit
- Supplemental rank list: advanced programs only

Questions?